

TQA

Corporate & Executive Coaching
Achieving Excellence At The Top



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Is your organisation achieving everything it can?

What would happen if all your leaders and managers performed to their full potential?

Would your whole organisation perform better and achieve more?

The future possibilities are limitless when the people at the top really excel.

Today many of the best executives recognise the need to continually “up their game” and choose to have the support of their own coach to help them succeed.

Due to immense demands it can feel stressful and lonely at the top. Our team offers experienced support to help top managers and executives maximise their potential, achieve excellence and clarity of vision while reducing stress.

Our experience

- Working with businesses and organisations to improve performance since 1997
- Qualifications include business excellence, performance coaching, advanced executive coaching, life coaching & facilitation
- Experience working with business start-ups to multi-national companies

Would your organisation benefit from:

- *Improved strategy?*
- *More effective teams?*
- *Better skills for new managers?*
- *Improved motivation?*
- *Better working relationships?*
- *Improved staff retention?*
- *Reduced absenteeism?*
- *Increased profit?*

Coaching works with teams or individuals to improve their performance. Examples include enhanced:

- *Leadership*
- *Communication*
- *Motivation*
- *Time management*
- *Stress management*

People feel good and perform well when they are empowered to do their best. By also supporting them with work-life balance and personal issues they can be more effective leaders and managers.

Personal issues may include:

- *Career planning*
- *Work/ Life balance*
- *Stress/ Relaxation*
- *Finance*
- *Parenting*
- *Relationships*

How we can help

Coaching can make an amazing difference to your work and personal life.

Like the best sports coaches our team provides the positive support to help you excel.

We are on your side to provide confidential, impartial, practical support and motivation.

Working with us will allow you to:

- *identify clear goals*
- *agree actions*
- *meet and overcome challenges*
- *keep on track*
- *achieve objectives faster*

Maximum impact is achieved when coaching is delivered at the top, with the benefits cascading down through the whole organisation.

How we work

Teams – Workshop sessions tailored for your specific requirements.

Individuals - Our initial sessions are conducted face-to-face to build a sound working relationship. Further sessions may be conducted over the telephone, if preferred.

If you would like to find out more please contact us to discuss how we can help with your particular requirements.